

Ask the Expert: Ouch, it's Arthritis AGAIN!

Date & Time: December 07, 12:00 pm - 12:30 pm

Join a 30 Minute Ask the Expert Session with Victoria Ruffing, RN-BC, Director of Patient Education, Johns Hopkins Arthritis Center to get more of your questions about arthritis answered. We had so many requests for another session, hope to see you there!

This session is not incentivized in the annual rewards program.

Join from the Meeting link

<https://lcah.webex.com/lcah/j.php?MTID=m5814cee547e1779ae31e8891eabc6aae>

Join by meeting number

Meeting number (access code): 2315 742 5241

Meeting Password: MgcDJq3qE28

Join by phone

404-410-4502

Access code: 2315 742 5241

Ask the Expert: Chronic Pain and the Brain: The link and possible solutions

Date & Time: December 14, 12:00 pm - 12:30 pm

Join a 30 Minute Ask the Expert Session with Dr. Rachel Aaron, Assistant Professor, Department of Physical Medicine and Rehabilitation, to discuss how psychology can help treat chronic pain.

This session is not incentivized in the annual rewards program.

Join from the Meeting link

<https://lcah.webex.com/lcah/j.php?MTID=m9b6843ac6a5b60fdd3a605828417167f>

Join by meeting number

Meeting number (access code): 2307 853 9207

Meeting Password: puF8YSvPe52

Join by phone

404-410-4502

Access code: 2307 853 9207