# CCQ PRESENTS AN AFTERNOON OF HOPE

SEPTEMBER 10 2-5 pm EST

### EMPOWERING CONVERSATIONS AND SAVING LIVES

Join us this **World Suicide Prevention Day** for an immersive experience featuring expert perspectives and personal stories focused on empowering workplaces to support mental health and save lives.

With a blend of virtual and in-person audiences in major cities across the United States, this powerful event promises to engage participants with compelling insights and invaluable takeaways.

## **SPEAKER LINEUP**

- Dr. Judy Davidson, PhD,
   Nurse Scientist at UC San
   Diego
- John Ebron, Mental Health Speaker, Decorated US Army Veteran
- Elisha Engelen, LMFT, MA,
   VP of Health
   Transformations at Aon
- Dr. Jodi J. Frey, PhD,
   Professor at University of Maryland
- Dr. Jeff Gardere, PhD,
   Psychologist & Mental
   Health Expert

- Barbara Otey, Educator & Suicide Survivor Speaker
- David Otey, Suicide
   Prevention Trainer & Lived
   Experience Speaker
- Dr. Jay Sandys, PhD, LCSW, Workplace Consultant
- Dr. Sally Spencer-Thomas,
   PsyD, Psychologist &
   International Suicide
   Prevention Expert
- Dr. Charles Williams, MD,
   Psychiatrist & Chief Medical
   Officer, Lockheed Martin

## NOW

REGISTER

### **ATTENDEES WILL GAIN:**

- Vital insights, actionable strategies, and tangible resources
- Education and encouragement to openly discuss critical issues and support at-risk individuals
- Comfort and connection through shared experiences of survival and hope

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